

# Bendigo Health Carer Support Services

Invites expressions of interest from parents/carers to attend free



## Siblings of Children with a Disability Workshops

Presented by **Kate Strohm**

Director of Siblings Australia Inc &

Author of '**Siblings - Brothers and sisters of children with disability**' (Revised edition 2014)

### **The workshop will assist parents to :**

- Understand the concerns of siblings
- Identify behaviours that might indicate stress
- Explore factors affecting the adjustment of siblings
- Identify parent's role in supporting siblings
- Identify other sources of support for siblings
- Meet other parents with similar experiences

Date: Wednesday May 17 Kyneton 9.30am - 11.30am

Date: Wednesday May 17 Castlemaine 1pm - 3pm

Date: Thursday May 18 Bendigo 9.30 - 11.30am

**Venues to be advised closer to date**

**RSVP by April 28 to Carer Support Services on 54711017 as places are limited**

