



# Supports for Children

Siblings Australia is a national profit-for-purpose organisation promoting better support for siblings of children and adults with disability and their families. We believe that recognising and responding to the needs of siblings in childhood is a vital part of providing holistic support to families of children with disability.

We recognise that sibling children are at increased risk of feelings of isolation and challenging emotions, and that meeting the needs of all children can be tough for many families.

By supporting sibling children, we can help to maximise their well-being and capacity to manage, and also strengthen the lifelong relationship with their brother or sister with a disability.

We're here to help you facilitate the best possible wellbeing outcomes for your whole family.

## How we can help

### SiBWISE

Is our online learning program, designed to help parents and professionals better understand and respond to the needs of siblings of children with disability.



Scan the QR code to learn more

**One-on-one parent support** sessions are tailored to the child and families specific needs and provide parents with information and strategies to better support their sibling child.



Scan the QR code to learn more



**Alex and Arlo: A Sib Story** for children aged 4-7 to read with their parents. Download your **FREE** e-book using the QR code



### SiBWORKS

Facilitator training to equip your child's health professionals with the tools and resources to facilitate our internationally recognised peer support program for siblings aged 8-12 years.

Scan the QR code to learn more

